



### PROJECT NAME

Sport Tools for the integration of **A**utistic **Y**oungster

### COORDINATOR

Italy

### PARTNER COUNTRIES

Bulgaria

Germany

Netherlands

The Republic of North Macedonia

Turkey

### AIM OF THE PROJECT

The main objective of the project is to improve the competencies of young people and youth workers working with these children in order to develop their social and psycho-motor skills and to become more involved in social life.

PROJECT IS SUPPORTED BY  
ITALIAN NATIONAL AGENCY AND EU

[WWW.CASSETTODEISOGNI.IT](http://WWW.CASSETTODEISOGNI.IT)



**The project consists of 2 actions:**

### **YOUTH WORKERS MOBILITY**

- **Where:** Düzce - Turkey
- **When:**
  - Arrival on Sunday April 26th 2020
  - Activity dates: from Monday 27th 2020 to Friday May 1st 2020 until 14.00 in the afternoon
  - Departure from May 1st 2020 after 14.00
- **Who:**  
nr. 3 youth workers or volunteers, age +18 with no age limits, including:
  - 1 with fewer opportunities
  - 1 group leader.

### **YOUTH EXCHANGE**

- **Where:** Modena, Italy
- **When:**
  - Arrival on Sunday November 15th 2020
  - Activity dates: from Monday November 16th to Saturday November 21st 2020
  - Departure from Saturday November 21th 2020 after 14.00
- **Who:**  
nr. 6 youngsters, age from 18 to 30 years old, including:
  - 1 participant with Special Needs
  - 1 Accompanying Persons (no age limit)
  - 1 participant with Fewer Opportunities
  - 1 group leader over 25 years old (no limits up)



## YOUTH WORKERS MOBILITY

Through this mobility, youth workers will increase their ability to provide self-care skills in mild autistic children and adolescents through a physical activity program.

They will realize the obstacles that children with low level autism have in play, socialization and communication skills.

They will find out that autistic children need to focus more on sport, which will help them overcome many obstacles.

The exchange of good practices will also allow the participants and the Associations with which they collaborate, to expand their training proposals towards autistic children.



## YOUTH EXCHANGE

With the mobility of youngster, young people will become aware of and will personally experience the different problems that autistic children are facing, they will become more aware and will be incentivized to act in a different way, oriented to find solutions for a better integration.

Through the planned activities, participants will have the opportunity to understand that young people with autism can be successful and, if properly helped and supported, they can achieve excellent results.

Participants will also improve their ability to develop empathy and develop a desire to work more with them.